

GLP-1 Support Overview

A pharmacy-friendly guide for conversations around GLP-1 wellness support.

Why This Topic Opens Doors

Patients using or considering GLP-1 medications often ask pharmacies about hydration, protein intake, muscle support, digestion, energy, and long-term wellness routines. This creates a natural education opportunity for pharmacies.

Compliant Framing

- Position the stack as wellness support, not a medication or treatment.
- Avoid claiming it changes medication outcomes or replaces medical care.
- Refer medical questions about GLP-1 therapy to the pharmacist or prescriber.
- Use phrases like hydration support, body composition support, and wellness routine support.

Patient Conversation Starter

"Many people on a weight-management journey are also thinking about hydration, lean muscle support, and recovery. We have a peptide-based wellness stack the pharmacist can explain if you want to learn more."

Pharmacy Staff Flow

Step	Action
1	Ask what the patient is trying to support: hydration, muscle, energy, recovery, or maintenance.
2	Avoid medication advice. Do not discuss changing GLP-1 dosing or discontinuation.
3	Bring in the pharmacist for product stack guidance.
4	Use the QR code, overview, or booking call for deeper education.

Best Rep Angle

This is not a "sell peptides instead of GLP-1s" conversation. It is a pharmacy wellness support conversation around patient needs pharmacies are already hearing at the counter.

Key links: Book a strategy call: <https://lighthousebrief.com/discovery>
Professional overview: <https://online.flippingbook.com/view/907834673>
Product site: <https://makewellness.com/lighthousewellness/>